

Wendy Cruz, MD
Allison van Haastert, MD
Jessica Goldberger, MD
Meagan Byrne, DO



Migel Hadley, ANP
Wendy Koehler, ANP
Haley Gomez, ANP

2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

COMPLETE ENTIRE FORM

PATIENT:

Patient Name _____ DOB _____ SS# _____
Preferred Ph# _____ Email Address: _____
Mailing Address _____ City _____ State ____ Zip _____
Employer Name _____ Occupation _____
Employer Address _____ City _____ State ____ Zip _____
Relationship Status: _____ Pronouns: _____ Gender Identity: _____ Sexual Orientation: _____
(please circle) (please circle)
Race: *White * Black * Asian * Pac. Islander/Nat. Hawaiian * Amer. Indian/AK Native* Ethnicity: *Latino/Hispanic * Not Latino/Hispanic * Other*

IF PATIENT IS A MINOR

Who may authorize treatment? _____ Relationship _____ Contact#: _____

PARTNER:

Partner Name _____ DOB _____ SS# _____
Preferred Ph# _____ Email Address: _____
Mailing Address SAME (or) _____ City _____ State ____ Zip _____
Employer Name _____ Occupation _____
Employer Address _____ City _____ State ____ Zip _____

INSURANCE:

PRIMARY INSURANCE COMPANY:

Subscriber Name _____ DOB _____ SS# _____
Subscriber ID# _____ Group# _____ Relationship to Patient _____
Employment Status _____ Occupation _____ Employer Name _____
Employer Address _____ City _____ State ____ Zip _____

SECONDARY INSURANCE COMPANY:

Subscriber Name _____ DOB _____ SS# _____
Subscriber ID# _____ Group# _____ Relationship to Patient _____
Employment Status _____ Occupation _____ Employer Name _____
Employer Address _____ City _____ State ____ Zip _____

EMERGENCY CONTACT:

Emergency Contact Name _____ Relationship _____ Ph# _____
Emergency Contact Name _____ Relationship _____ Ph# _____

AUTHORIZATION Please initial each line, and sign the bottom

- ____ I hereby authorize release of any information required to process insurance claims related to my medical and/or surgical care.
____ I authorize direct payment to the provider(s) for my medical and/or surgical care.
____ I understand that I am responsible to pay any non-covered charges or services.
____ I understand that if I am uninsured, I am responsible to pay for any services provided.
____ I have read and agree to the PATIENT FINANCIAL POLICY for Women's Care of Alaska.

How did you hear about our practice? _____

Patient Signature _____ Date: _____

Wendy Cruz, MD
Allison van Haastert, MD
Jessica Goldberger, MD
Megan Byrne, DO



Migel Hadley, ANP
Wendy Koehler, ANP
Haley Gomez, ANP

2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

PROTECTED HEALTH INFORMATION (PHI) AUTHORIZATION

PATIENT NAME: _____

DOB: _____
Month Day Year

CHECK ALL METHODS OF COMMUNICATION, THAT YOU AUTHORIZE:

☐ YOUR CELL PHONE

☐ YOUR WORK TELEPHONE

☐ RESIDENCE TELEPHONE

☐ PREFERRED NUMBER

☐ PREFERRED NUMBER

☐ PREFERRED NUMBER

Number: () _____

Number: () _____

Number: () _____

☐ Leave a call back number only;
Do NOT leave a message

☐ Leave a call back number only;
Do NOT leave a message

☐ Leave a call back number only;
Do NOT leave a message

☐ OK to leave detailed message
with person or on voicemail

☐ OK to leave detailed message
with person or on voicemail

☐ OK to leave detailed message
with person or on voicemail

*If you would like to authorize us to speak with another individual, such as a spouse/partner, or other relative regarding your PHI, please fill in their name, relation to you, and their contact number below. This information can be changed at any time, per your request. Examples of PHI include, but are not limited to:

(T) Treatment

Test results
Prescriptions/refills

(P) Payment

Insurance questions/problems
Account balance/payment options

(O) Healthcare Operations Activities

Messages returned, Referral options, Records Release

CIRCLE WHAT TO RELEASE:

Name: _____ / _____ / _____
PLEASE PRINT (Relation to Pat.) (CONTACT#)

(T) (P) (O)

Name: _____ / _____ / _____
PLEASE PRINT (Relation to Pat.) (CONTACT#)

(T) (P) (O)

PATIENT PORTAL ACCESS

If you would like our patient portal access, include your email below. The patient portal is set up through www.myhealthrecords.com. We will send you an email invitation, simply follow the instructions in the email to set up your Patient Portal Account.

CURRENT EMAIL ADDRESS: _____@_____

☒ CHECK THE WAYS YOU WISH TO RECEIVE YOUR APPOINTMENT REMINDERS/MESSAGES:

☐ Voice Call

☐ Text

☐ Email

☐ Do Not Contact Me for Reminders

By signing below, I authorize the use of the preferred telephone number provided above for contact, designate the listed individual(s) to speak on my behalf, and consent to utilizing the patient portal (if email provided).

PATIENT SIGNATURE: _____

DATE: _____

Wendy Cruz, MD
Allison van Haastert, MD
Jessica Goldberger, MD
Meagan Byrne, DO



Migel Hadley, ANP
Wendy Koehler, ANP
Haley Gomez, ANP

2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

INFORMED CONSENT – TELEMEDICINE APPOINTMENT

Telemedicine uses secure audio, video, or electronic communication to deliver healthcare services—including diagnosis, treatment, follow-up, education, or physical examinations—when you and your provider are in different locations. **Participation in telemedicine is completely voluntary and is not required.** You may choose an in-person visit instead or withdraw consent at any time without affecting your future care.

Location & Licensing Requirement Medical licensing laws require you to be physically located in Alaska at the time of your visit. If you are located outside the state of Alaska at the time of your appointment, telemedicine services may not be performed.

ANTICIPATED BENEFITS:

- Convenient access to care without traveling to the clinic
- Efficient medical evaluation and management
- Reduced exposure to general contagious illnesses in public settings

POSSIBLE RISKS:

As with any medical procedure, there are potential risks associated with the use of telemedicine. These risks include, but may not be limited to:

- It may be determined that that information transmitted is of poor quality, requiring a face-to-face visit or rescheduled telemedicine visit. This may cause a delay in medical evaluation / treatment.
- Security protocols could fail or not be available, causing a breach of privacy of personal medical information.
- In rare cases, a lack of access to all your medical records may result in adverse drug reactions or allergic reactions or other judgment errors.

BY SIGNING THIS FORM, I UNDERSTAND THE FOLLOWING:

- I understand that I may expect anticipated benefits from the use of telemedicine in my care, but that no results can be guaranteed.
- I understand that all efforts will be taken to protect the privacy and security of health information, and that no information obtained in the use of telemedicine which identifies me will be intentionally disclosed without my authorization.
- I understand that I have the right to withhold or withdraw my consent to the use of telemedicine during my care at any time without affecting my right to future care or treatment.
- I understand that In-person care and other treatment alternatives are available to you at any time upon request.
- I understand that I am still responsible for any co-payments or co-insurance that may apply, and if my medical insurance coverage is not sufficient to satisfy any excess cost(s), I will be responsible for payment.

I have read and understand the information provided above regarding telemedicine:

☐ I **DO** consent to Telemedicine Appointments.

☐ I **DO NOT** consent to Telemedicine Appointments.

PRINTED NAME

DATE OF BIRTH

PATIENT SIGNATURE

DATE



Wendy Cruz, MD
Allison van Haastert, MD
Jessica Goldberger, MD
Meagan Byrne, DO

Migel Hadley, ANP
Wendy Koehler, ANP
Haley Gomez, ANP

2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

APPOINTMENT AND CANCELLATION POLICY

At Women's Care of Alaska, scheduled appointments reserve dedicated time with our care team. Missed appointments or short-notice cancellations prevent us from offering timely medical care to other patients.

Policy Guidelines:

- Cancellations or rescheduling requests must be made at least **24 hours** before your appointment.
- Arriving more than **10 minutes late** may require your appointment to be rescheduled.

Consequences of Repeated Misses:

- Accumulating **3 or more** late cancellations, late reschedules, or missed appointments ("no-shows") within a **12-month period** may result in **formal discharge from our practice**.
- If discharged, you will receive written notice by certified mail.

Patient Acknowledgement & Agreement

I have read and agree to the Appointment Policy above. I understand that repeated late cancellations, rescheduling, or no-shows may lead to my discharge as a patient from Women's Care of Alaska.

(Printed Name of Patient, Parent, or Guardian)

Date: _____

Patient, Parent, Guardian Signature:

Wendy Cruz, MD
Allison van Haastert, MD
Jessica Goldberger, MD
Meagan Byrne, DO



Miguel Hadley, ANP
Wendy Koehler, ANP
Haley Gomez, ANP

2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

Patient Name: _____ DOB: _____ DATE: _____

What brings you to our office today? _____

ALLERGIES ☐ N/A – No known drug allergies

LIST DRUG, ENVIRONMENTAL AND FOOD ALLERGIES	REACTION

CURRENT MEDICATIONS ☐ N/A – No medications

DRUG NAME	DOSE	DRUG NAME	DOSE

GYN HISTORY / ANNUAL UPDATE ☐ N/A – I no longer have a menstrual cycle Age _____

Date last menstrual period began: _____ Menstrual cycles are: ☐ Regular ☐ Irregular

Age when periods started? _____ Menstrual bleeding is: ☐ Light ☐ Moderate ☐ Heavy Periods last: _____ days

Cramps are: ☐ N/A ☐ Mild ☐ Moderate ☐ Severe Cramps last: _____ days

Spotting occurs between periods: ☐ Yes ☐ No Spotting occurs after intercourse: ☐ Yes ☐ No

EXAM HISTORY

Date of last dental exam: _____ Date of last mammogram: _____ ☐ Normal ☐ Abnormal

Date of last eye exam: _____ Date of last PAP: _____ ☐ Normal ☐ Abnormal

Date of last colon screening: _____ ☐ Normal ☐ Abnormal

STD HISTORY ☐ N/A – I have never had a sexually transmitted disease

Have you ever had any of the following STDs? (✓ all that apply):

☐ Chlamydia ☐ Gonorrhea ☐ Genital Warts ☐ Herpes ☐ Trichomonas ☐ Syphilis ☐ PID

Have you ever tested positive for HIV? ☐ Yes ☐ No

SEXUAL HISTORY ☐ N/A – I have never been sexually active

Are you currently sexually active? ☐ Yes ☐ No - ☐ Male ☐ Female ☐ Both

Did you begin sexual activity before the age of 16? ☐ Yes ☐ No If yes, what age did you start? _____

PATIENT NAME: _____

CONTRACEPTION ☐ N/A – I am not currently using any form of birth control

Current Birth Control Method: ☐ Condoms ☐ Birth Control Pills ☐ Tubal Ligation ☐ Vasectomy
Depo Provera ☐ Natural / Rhythm ☐ IUD ☐ Nexplanon® ☐ Other _____

PREGNANCY HISTORY

Total number of times pregnant		Number of Cesarean Sections		Number of miscarriages	
Number of full-term deliveries		Number of living children		Number of elective abortions	

PERSONAL / FAMILY MEDICAL HISTORY ☒ Box for Personal History or Family History of condition

Condition	Pers. Hx	Family Hx		Pers. Hx	Family Hx		Pers. Hx	Family Hx
Anemia			Fibroids			Liver Problems		
Anxiety			Fracture(s)			Lung Disease		
Arthritis			GI Reflux Disease			Migraine		
Asthma			GI (other) Disease			Osteopenia/Osteoporosis		
Autoimmune Disease			Heart Disease			Ovarian Cyst		
Cancer (type)			Hepatitis			PCOS		
Clotting Disorder			High Blood Pressure			Seizures		
Depression			High Cholesterol			Thyroid Disease		
Diabetes			Joint Pain			Tuberculosis		
Endometriosis			Kidney Infections/stones			OTHER		

SURGICAL HISTORY

SOCIAL HISTORY / HABITS / PERSONAL SAFETY

Do you follow a Special Diet? ☐ Yes ☐ No If yes, type?: _____

Do you exercise? ☐ Never ☐ Rarely (1-2x/yr) ☐ Occasionally (1-2x/month) ☐ Often (1-2x/wk) ☐ Regularly (3-5x/wk)

Tobacco/Smoking: ☐ Yes ☐ No ☐ Former Packs/day: _____ Number of years: _____ Quit Date: _____

Alcohol Use: ☐ Yes ☐ No ☐ Former Drinks/day: _____ Drinks per week: _____ Quit Date: _____

Drug Use: ☐ Yes ☐ No ☐ Former Type? _____ Number of years: _____ Quit Date: _____

Has anyone close to you ever threatened to, or physically hurt you? ☐ Yes ☐ No

Has anyone, including your partner, ever forced you to have sex? ☐ Yes ☐ No

Do you fear harm from anyone at home, or school, or anywhere else? ☐ Yes ☐ No

Do you have any concerns about your body image? ☐ Yes ☐ No

REVIEW OF SYSTEMS

Patient Name: _____ DOB: _____ Date: _____

What brings you to our office today? _____



Check only those conditions that you are **CURRENTLY** having now.

CONSTITUTIONAL	NOTES	GENITOURINARY	NOTES
Fever		Abnormal Bleeding	
Chills		Vaginal Discharge/odor	
Fatigue		Vaginal Itching/burning	
Weight Loss		Pelvic Pain	
Weight Gain		Menstrual Cramps	
EYES		Painful Intercourse	
Change in Vision		Genital Lump	
Double Vision		Fertility Concerns	
HEENT		Menopausal Concerns	
Earaches		MUSCULOSKELETAL	
Ringing in ears		Muscle Weakness	
Sinus Problems		Joint Stiffness	
Sore Throat		Joint Pain	
Mouth Sores		Joint Swelling	
Dry Mouth		SKIN/BREAST	
CARDIOVASCULAR		Breast Pain	
Chest Pain		Nipple Discharge	
Diff. breathing w/exertion		Breast Lumps	
Swelling of legs		Rash	
Palpitations		Ulcers	
Heart Murmurs		PSYCHIATRIC	
RESPIRATORY		Depression	
Wheezing		Mood Swings	
Spitting up blood		Anxiety	
Shortness of Breath		Suicidal Thoughts	
Cough		Homicidal Thoughts	
GASTROINTESTINAL		ENDOCRINE	
Diarrhea		Abnormal Thirst	
Constipation		Hot Flashes	
Nausea/vomiting		Tremors	
Bloody Stool		Cold/Heat Intolerance	
Abdominal Pain		HEMATOLOGIC	
Indigestion		Frequent Bruising	
Bloating		Cuts do not stop bleeding	
Liver Problem/Hepatitis		Enlarged Lymph nodes	
GENITOURINARY		OTHER	
Blood in Urine			
Pain with Urination			
Urgency			
Urinary Incontinence			
Urinary Frequency			