

Allison van Haastert, MD
Jessica Goldberger, MD
Meagan Byrne, DO



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2741 DeBarr Road, Suite C205 Anchorage, AK 99508 * (907)279-2273 Fax (907)258-7705 www.wcakobgyn.com

**RECEIPT OF NOTICE OF PRIVACY PRACTICES
WRITTEN ACKNOWLEDGEMENT FORM**

I, _____, have received a copy of the:
Patient's Printed Name

Women's Care of Alaska's Notice of Privacy Practices

Signature of Patient

Date



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COMPLETE ENTIRE FORM

PATIENT:

Patient Name _____ DOB _____ SS# _____
 Preferred Ph# _____ Email Address: _____
 Mailing Address _____ City _____ State ____ Zip _____
 Employer Name _____ Occupation _____
 Employer Address _____ City _____ State ____ Zip _____
 Relationship Status: _____ Pronouns: _____ Gender Identity: _____ Sexual Orientation: _____
 (please circle) Race: *White * Black * Asian * Pac. Islander/Nat. Hawaiian * Amer. Indian/AK Native* (please circle) Ethnicity: *Latino/Hispanic * Not Latino/Hispanic * Other*

IF PATIENT IS A MINOR

Who may authorize treatment? _____ Relationship _____ Contact#: _____

PARTNER:

Partner Name _____ DOB _____ SS# _____
 Preferred Ph# _____ Email Address: _____
 Mailing Address SAME (or) _____ City _____ State ____ Zip _____
 Employer Name _____ Occupation _____
 Employer Address _____ City _____ State ____ Zip _____

INSURANCE:

PRIMARY INSURANCE COMPANY:

Subscriber Name _____ DOB _____ SS# _____
 Subscriber ID# _____ Group# _____ Relationship to Patient _____
 Employment Status _____ Occupation _____ Employer Name _____
 Employer Address _____ City _____ State ____ Zip _____

SECONDARY INSURANCE COMPANY:

Subscriber Name _____ DOB _____ SS# _____
 Subscriber ID# _____ Group# _____ Relationship to Patient _____
 Employment Status _____ Occupation _____ Employer Name _____
 Employer Address _____ City _____ State ____ Zip _____

EMERGENCY CONTACT:

Emergency Contact Name _____ Relationship _____ Ph# _____
 Emergency Contact Name _____ Relationship _____ Ph# _____

AUTHORIZATION Please initial each line, and sign the bottom

- _____ I hereby authorize release of any information required to process insurance claims related to my medical and/or surgical care.
- _____ I authorize direct payment to the provider(s) for my medical and/or surgical care.
- _____ I understand that I am responsible to pay any non-covered charges or services.
- _____ I understand that if I am uninsured, I am responsible to pay for any services provided.
- _____ I have read and agree to the PATIENT FINANCIAL POLICY for Women's Care of Alaska.

How did you hear about our practice? _____

Patient Signature _____ Date: _____



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CONSENT TO TREAT AND PAYMENT RESPONSIBILITY

The undersigned consents to medical care and treatment, as may be deemed necessary or advisable in the judgment of my physician or other provider. This may include, but is not limited to, laboratory procedures, ultrasounds, medical or surgical treatment, or procedures, or other services rendered to the patient under the general and special instructions of the physician or provider.

The undersigned understands that Women’s Care of Alaska (WCAK) has agreed to bill my insurance as a courtesy. In order to process such payments and obtain procedure authorizations, WCAK may disclose any or all my medical record to medical service companies, insurance companies, or workman’s compensation carriers, as necessary. The undersigned authorizes all insurance carriers, with whom I have coverage, including Medicare, Medicaid, and Tricare, to assign all payment of benefits due under the terms of my policy, to **Women’s Care of Alaska**, including any settlements or judgments for such items or services. The undersigned agrees to notify WCAK of any changes in my insurance coverage, as soon as possible, to ensure there is no delay in billing. If, for some reason, my health insurance sends payment directly to me, I agree to immediately forward all payments that I have received for my care, and treatment, to WCAK. I understand and agree that I have been advised that I may be billed by WCAK and that this Assignment of Benefits and Agreement to Pay applies to any and all WCAK physician services, including both inpatient and outpatient charges, performed by my provider.

The undersigned understands that some items or services provided may not be covered by my insurance carrier, and I agree to be personally responsible for any such non-covered items or services in excess of the limits in my member benefit agreement. I understand that I am personally responsible for any item or service determined by my insurance company to be experimental, investigational, or to be non-covered for any other reason. I understand that I am personally responsible for any non-covered Medicare, Medicaid, Tricare items or services that are listed on the financial responsibility for non-covered items or services form. I am responsible for all copays, deductibles, and coinsurance established by my member benefit agreement.

The undersigned understands and agrees that all account balances are **due within 30 days of billing**. I also understand that if my account becomes delinquent, the account will be referred to an outside collection agency for payment resolution. If my account is referred to an outside collection agency, I agree to pay the reasonable attorney's fees, court costs and/or collection agency fees associated with the collection process.

(Printed Name of Patient, Parent, or Guardian)

Date: _____

Patient, Parent, Guardian Signature:



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PROTECTED HEALTH INFORMATION (PHI) AUTHORIZATION

PATIENT NAME: _____

DOB: _____
Month Day Year

CHECK ALL METHODS OF COMMUNICATION, THAT YOU AUTHORIZE

YOUR CELL PHONE

Number: () _____

Leave a call back number only;
Do NOT leave a message

OK to leave detailed message
with person or on voicemail

YOUR WORK TELEPHONE

Number: () _____

Leave a call back number only;
Do NOT leave a message

OK to leave detailed message
with person or on voicemail

RESIDENCE TELEPHONE

Number: () _____

Leave a call back number only;
Do NOT leave a message

OK to leave detailed message
with person or on voicemail

MY PREFERRED CONTACT NUMBER IS: () _____ - _____

If you would like to authorize us to speak with another individual, such as a spouse/partner, or other relative regarding your PHI, please fill in their name, relation to you, and their contact number below. This information can be changed at any time, per your request. Examples of PHI include, but are not limited to:

(T) Treatment

Test results
Prescriptions/refills

(P) Payment

Insurance questions/problems
Account balance/payment options

(O) Healthcare Operations Activities

Messages returned, Referral options, Records Release

CIRCLE WHAT TO RELEASE:

Name: _____ / _____ / _____
PLEASE PRINT (Relation to Pat.) (CONTACT#)

(T) (P) (O)

Name: _____ / _____ / _____
PLEASE PRINT (Relation to Pat.) (CONTACT#)

(T) (P) (O)

PATIENT SIGNATURE: _____

DATE: _____

PATIENT PORTAL ACCESS

Our patient portal is set up through www.myhealthrecords.com. The portal allows us to send you automated appointment reminders and messages. In addition, it allows you the ability to directly and securely message your provider, view your medical records, and much more. Activating your Patient Portal is simple. We will send you an email invitation, simply follow the instructions in the email to set up your Patient Portal Account.

CURRENT EMAIL ADDRESS: _____ @ _____

(√) CHECK THE WAYS YOU WISH TO RECEIVE YOUR APPOINTMENT REMINDERS/MESSAGES?

Voice Call Text Email Do Not Contact Me for Reminders

PATIENT SIGNATURE: _____

DATE: _____



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INFORMED CONSENT – TELEMEDICINE APPOINTMENT

Telemedicine is the use of electronic information and communication technologies by a healthcare provider to deliver services to an individual when he/she is located at a different location than the healthcare provider. This may be for the purpose of diagnosis, treatment, follow-up and/or education. During your telemedicine consultation, details of your medical history and personal health information may be discussed with you or other health professionals through use of interactive video, audio, or other telecommunication technology. Additionally, a physical examination of you may take place, and video, audio and/or photo recordings may be taken.

ANTICIPATED BENEFITS:

- Improved access to medical care by enabling a patient to remain in their location while the healthcare provider provides care from a distant site.
- Limiting the spread of COVID-19.
- More efficient medical evaluation and management.

POSSIBLE RISKS:

As with any medical procedure, there are potential risks associated with the use of telemedicine. These risks include, but may not be limited to:

- It may be determined that that information transmitted is of poor quality, requiring a face to face visit or rescheduled telemedicine visit. This may cause a delay in medical evaluation / treatment.
- Security protocols could fail or not be available, causing a breach of privacy of personal medical information.
- In rare cases, a lack of access to all your medical records may result in adverse drug reactions or allergic reactions or other judgment errors.

BY SIGNING THIS FORM, I UNDERSTAND THE FOLLOWING:

- I understand that I may expect anticipated benefits from the use of telemedicine in my care, but that no results can be guaranteed.
- I understand that all efforts will be taken to protect the privacy and security of health information, and that no information obtained in the use of telemedicine which identifies me will be intentionally disclosed without my authorization.
- I understand that during the COVID-19 Pandemic, security measurements may be lessened in accordance with U.S. Department of Health and Human Services to ensure improved access to care.
- I understand that I have the right to withhold or withdraw my consent to the use of telemedicine during my care at any time without affecting my right to future care or treatment.
- I understand that a variety of alternative methods of medical care may be available to me, and that I may choose one or more of these at any time. My healthcare provider has explained the alternative to my satisfaction.
- I understand that certain fees for service may be waived during the COVID-19 Pandemic depending on my insurance carrier. While all efforts will be made to follow guidelines during this fluid situation, I understand that I am still responsible for any co-payments or co-insurance that may apply, and if my medical insurance coverage is not sufficient to satisfy any excess cost(s), I will be responsible for payment.

I have read and understand the information provided above regarding telemedicine:

I **DO** consent to Telemedicine Appointments.

I **DO NOT** consent to Telemedicine Appointments.

PRINTED NAME

DATE OF BIRTH

PATIENT SIGNATURE

DATE



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Medical and Reproductive History – Infertility

Today's date: ____/____/____

Female Patient:

(LEGAL) Last name: _____ (LEGAL) First name: _____ Middle initial: _____

Age: _____ Date of birth: ____/____/____

Marital status: ____ single ____ married ____ domestic partner Length of relationship: _____ years

Partner:

(LEGAL) Last name: _____ (LEGAL) First name: _____ Middle initial: _____

Age: _____ Date of birth: ____/____/____

Reason for visit: _____

Fertility History – Female Patient

Do you have any theories as to why you have been unable to conceive? _____

How long have you been trying to conceive? _____

Pregnancy History: List all pregnancies, specifying under outcome whether liveborn, stillborn, ectopic, miscarriage or elective termination (abortion).

Pregnancy #	Pregnancy ended (mo. / yr.)	Pregnancy length (weeks, months)	Outcome	Father (check one)	
				Present partner	Previous partner

Previous Fertility Evaluation: List any previous testing or procedures you have had done. _____

Reproductive Health History – Female Patient

Menstrual History:

Age when you had your first menstrual period: _____ years old

The first day of your most recent menstrual period: ____/____/____

Menstrual cycle pattern without hormone or oral contraceptive pills (OCP's) – (check all that apply):

- Regular periods
 Irregular periods
 Heavy periods
 Light periods
 No periods
 Spotting between periods

How many days from the first day of one period to the first day of the next? _____ days

How many days of bleeding do you usually have? _____ days

Do you need medication to bring on a period? Yes No If Yes, what type? _____

Do you have cramping or pelvic pain with your periods? (check one)

- Always
 Sometimes
 Recently
 In the past
 No

Degree of pain (1 to 10, with 10 being most severe): _____

Over the past few years, is the pain: Getting better Getting worse Staying the same

If you do not have periods, at what age did you stop having them? _____ years old

When was your last Pap smear? _____/_____ Was it normal? Yes No

Have you ever had an abnormal Pap smear? Yes No

If yes, date and treatment: _____/_____ _____

Contraceptive Method History:

Type	Years used
<input type="checkbox"/> Birth control pills / Patch	
<input type="checkbox"/> Depo Provera, Lunelle	
<input type="checkbox"/> Nuva Ring	
<input type="checkbox"/> Norplant / Implanon / Nexplanon	
<input type="checkbox"/> Diaphragm	
<input type="checkbox"/> IUD	
<input type="checkbox"/> Condoms	
<input type="checkbox"/> Tubal sterilization	
<input type="checkbox"/> Vasectomy	
<input type="checkbox"/> Rhythm method	
<input type="checkbox"/> Other	

Sexual History:

How many times per week do you have intercourse? _____

How many times do you have intercourse mid-cycle? _____

Do you experience any pain with intercourse? Yes No

Do you regularly use lubricant with intercourse? Yes No If yes, what type? _____

Have you ever had any sexually transmitted infections? (check all that apply)

- | | | | |
|--|--------------------------------------|---------------------------------|-----------------------------------|
| <input type="checkbox"/> Chlamydia | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Herpes | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Genital Warts | <input type="checkbox"/> Trichomonas | <input type="checkbox"/> HIV | <input type="checkbox"/> HPV |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Other _____ | | |

Have you ever had pelvic inflammatory disease? Yes No If yes, when? _____

Were you hospitalized? Yes No

Has anyone close to you, ever threatened to, or physically hurt you? Yes No

Has anyone, including your partner, ever forced you to have sex? Yes No

Do you fear harm from anyone at home, or school, or anywhere else? Yes No

General Medical History – Female Patient

What is your current weight? _____ Height? _____ Usual weight? _____

Have you had recent weight loss or gain in the past 6 months? Yes No

Are you currently being treated or being seen for any medical condition(s)? Yes No

If yes, describe: _____

Review of systems: Check any of the following that you are presently having or have had in the past:

- | | | |
|--|---|--|
| <input type="checkbox"/> Eye problems | <input type="checkbox"/> Gall bladder problems | <input type="checkbox"/> Excessive thirst |
| <input type="checkbox"/> Stuffy nose or hay fever | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Temperature intolerance |
| <input type="checkbox"/> Frequent nose bleeds | <input type="checkbox"/> Frequent urination at night | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Fast or irregular heartbeat | <input type="checkbox"/> Vaginal discharge, itching, pain | <input type="checkbox"/> Shaking or tremor |
| <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Pelvic pain | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Mitral valve prolapse | <input type="checkbox"/> Sexual problems | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Dizziness or fainting | <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Bulimia or anorexia |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Ovarian tumor | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Lung disease | <input type="checkbox"/> Dark skin on neck or armpits | <input type="checkbox"/> Easy bleeding or bruising |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Acne or pimples | <input type="checkbox"/> Poor circulation |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Enlarged or painful breast | <input type="checkbox"/> Blood transfusion |
| <input type="checkbox"/> Heartburn or indigestion | <input type="checkbox"/> Discharge from nipples | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Gas, cramps or pain | <input type="checkbox"/> Breast lumps | <input type="checkbox"/> Low energy |
| <input type="checkbox"/> Blood in stool or black stool | <input type="checkbox"/> Breast disease | <input type="checkbox"/> Past history of IV drug use |
| <input type="checkbox"/> Nausea or vomiting | <input type="checkbox"/> Hot flashes | <input type="checkbox"/> Rubella (German measles) |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Excessive face or body hair | <input type="checkbox"/> Other |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Hair thinning or loss | <input type="checkbox"/> |
| <input type="checkbox"/> Hernia | <input type="checkbox"/> Fever, sweats or chills | <input type="checkbox"/> |

Explain any positive responses: _____

Surgical History: List any major illnesses, surgeries or hospitalizations in the table below. Include elective termination (abortion), ectopic pregnancy, tubal surgery or any other surgeries:

Date (month / year)	Procedure	Reason

Current Medications: List all medications (including vitamins, herbs and over the counter medications) or treatments you are currently taking:

Medication	Dosage	Frequency	Reason

Allergies: List all drug, environmental and food allergies:

Allergy	Reaction

Social History – Female Patient

Current occupation: _____

Have you or do you partake in any of the following?

	Never	Not in the last 3 months	Yes	List type, amount and frequency (how often / per day or week)
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Social Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Family and Genetic Health History – Female Patient

Are there any known genetic diseases or conditions that run in your family? Yes No

If yes, describe: _____

Are you adopted? Yes No

Are you of any of the following ethnic backgrounds? (check all that apply)

- Ashkenazi Jewish Mediterranean Middle Eastern Asian
 African Hispanic or Caribbean French Canadian of Cajun Caucasian

Have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
α (alpha) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
β (beta) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Sickle Cell Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Tay Sach's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Cystic Fibrosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Spinal Muscular Atrophy	<input type="checkbox"/> Yes <input type="checkbox"/> No	

If you are of Eastern European Jewish (Ashkenazi) ancestry, have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
Canavan Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Familial Dysautonomia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Fanconi Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Neimann-Pick Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Mucopolidosis Type IV	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bloom Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gaucher Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Indicate which of the following conditions may be found in your family:

Medical Condition	Self	Parents		Siblings		Maternal Grandparents		Paternal Grandparents		Your children	Other relatives
		M	F	S	B	GM	GF	GM	GF		
Autoimmune disorder, such as lupus or rheumatoid arthritis											
Birth defects requiring surgery (cleft lip, etc.)											
Bleeding disorders (hemophilia, etc.)											
Blindness											
Bone Disorder											
Cancer before age 50 (Specify)											
Chromosome disorders (Down syndrome, Klinefelter syndrome)											
Clotting disorders (Factor V Leiden, etc.)											
Deafness											
Diabetes (insulin dependent)											
Endocrine disorders (thyroid disorders, adrenal hyperplasia, etc.)											
Epilepsy											
Heart defects ("hole in the heart", etc.)											

Heart Disease												
High blood pressure												
High cholesterol												
Hydrocephaly (“water on the brain”)												
Kidney disease												

Medical Condition	Self	Parents		Siblings		Maternal Grandparents		Paternal Grandparents		Your children	Other Relatives
		M	F	S	B	GM	GF	GM	GF		
Limb defects (missing or extra fingers or toes, shorten arms or legs)											
Marfan Syndrome											
Mental illness (schizophrenia, bipolar, etc.)											
Mental retardation, autism or learning disabilities											
Muscular dystrophy											
Neurofibromatosis											
Neurologic or neurodegenerative disease (Alzheimer, Huntington, etc.)											
Neuromuscular diseases (muscular dystrophies, etc.)											
Phenylketonuria (PKU)											
Polycystic kidney disease											
Skin diseases (eczema, melanoma)											
Stillbirth of children who have died as infants											
Stroke											
Thalassemia (Cooley’s anemia)											
Unusual genitals in boys or girls											
Urinary tract abnormalities											
Women who have had multiple miscarriage											
Other serious health issues											

Explain any positive responses: _____

Fertility History – Partner

Do you have any theories as to why you have been unable to conceive? _____

Pregnancy History: List all pregnancies you have fathered, specifying under outcome whether liveborn, stillborn, ectopic, miscarriage or elective termination (abortion).

Pregnancy #	Pregnancy ended (mo. / yr.)	Pregnancy length (weeks, months)	Outcome	Father (check one)	
				Present partner	Previous partner

Have you ever been unable to conceive with anyone other than your current partner? Yes No

Have you ever consulted a urologist or male infertility specialist? Yes No If yes, when? _____/_____/_____

Reason: _____

Findings / Recommendations: _____

Previous Fertility Evaluation: List any previous testing or procedures you have had done. _____

General Medical History – Partner

Surgical History: List any major illnesses, surgeries or hospitalizations in the table below. Include vasectomy, vasectomy reversal, varicocele repair, or any other surgeries:

Date (month / year)	Procedure	Reason

Current Medications: List all medications (including vitamins, herbs and over the counter medications) or treatments you are currently taking:

Medication	Dosage	Frequency	Reason

Social History – Partner

Current occupation: _____

Have you or do you partake in any of the following?

	Never	Not in the last 3 months	Yes	List type, amount and frequency (how often / per day or week)
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Social Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Have you ever had a serious exposure to radiation or toxins (e.g. pesticides, toxic chemicals, poisons, herbicides, plastics, organic chemicals, lead, cadmium, industrial by-products, etc.)? Yes No

Family and Genetic Health History – Partner

Are there any known genetic diseases or conditions that run in your family? Yes No

If yes, describe: _____

Do any of your blood relatives (siblings, children, aunts, uncles, etc.) have a birth defect (e.g. mental retardation, spina bifida, heart abnormalities, etc.)? Yes No

If yes, describe: _____

Are you adopted? Yes No

Are you of any of the following ethnic backgrounds? (check all that apply)

- Ashkenazi Jewish Mediterranean Middle Eastern Asian
 African Hispanic or Caribbean French Canadian of Cajun Caucasian

Have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
α (alpha) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
β (beta) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Sickle Cell Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Tay Sach's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Cystic Fibrosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Spinal Muscular Atrophy	<input type="checkbox"/> Yes <input type="checkbox"/> No	

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Fanconi Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Neimann-Pick Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Mucopolipidosis Type IV	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bloom Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gaucher Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	