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## Medical and Reproductive History – Infertility

Today's date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### **Female Patient:**

**(LEGAL)** Last name: \_\_\_\_\_ **(LEGAL)** First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_

Age: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Marital status: \_\_\_\_ single \_\_\_\_ married \_\_\_\_ domestic partner Length of relationship: \_\_\_\_\_ years

### **Partner:**

**(LEGAL)** Last name: \_\_\_\_\_ **(LEGAL)** First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_

Age: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason for visit: \_\_\_\_\_

## Fertility History – Female Patient

Do you have any theories as to why you have been unable to conceive? \_\_\_\_\_

How long have you been trying to conceive? \_\_\_\_\_

**Pregnancy History:** List all pregnancies, specifying under outcome whether liveborn, stillborn, ectopic, miscarriage or elective termination (abortion).

Pregnancy #	Pregnancy ended (mo. / yr.)	Pregnancy length (weeks, months)	Outcome	Father (check one)	
				Present partner	Previous partner

**Previous Fertility Evaluation:** List any previous testing or procedures you have had done. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Reproductive Health History – Female Patient

**Menstrual History:**

Age when you had your first menstrual period: \_\_\_\_\_ years old

The first day of your most recent menstrual period: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Menstrual cycle pattern without hormone or oral contraceptive pills (OCP's) – (check all that apply):

- Regular periods                       Irregular periods                       Heavy periods                       Light periods  
 No periods                                       Spotting between periods

How many days from the first day of one period to the first day of the next? \_\_\_\_\_ days

How many days of bleeding do you usually have? \_\_\_\_\_ days

Do you need medication to bring on a period?  Yes     No    If Yes, what type? \_\_\_\_\_

Do you have cramping or pelvic pain with your periods? (check one)

- Always                                       Sometimes                                       Recently                                       In the past  
 No

Degree of pain (1 to 10, with 10 being most severe): \_\_\_\_\_

Over the past few years, is the pain:     Getting better                       Getting worse                       Staying the same

If you do not have periods, at what age did you stop having them? \_\_\_\_\_ years old

When was your last Pap smear? \_\_\_\_\_/\_\_\_\_\_                      Was it normal?  Yes     No

Have you ever had an abnormal Pap smear?  Yes     No

If yes, date and treatment: \_\_\_\_\_/\_\_\_\_\_ \_\_\_\_\_

**Contraceptive Method History:**

Type	Years used
<input type="checkbox"/> Birth control pills / Patch	
<input type="checkbox"/> Depo Provera, Lunelle	
<input type="checkbox"/> Nuva Ring	
<input type="checkbox"/> Norplant / Implanon / Nexplanon	
<input type="checkbox"/> Diaphragm	
<input type="checkbox"/> IUD	
<input type="checkbox"/> Condoms	
<input type="checkbox"/> Tubal sterilization	
<input type="checkbox"/> Vasectomy	
<input type="checkbox"/> Rhythm method	
<input type="checkbox"/> Other	

**Sexual History:**

How many times per week do you have intercourse? \_\_\_\_\_

How many times do you have intercourse mid-cycle? \_\_\_\_\_

Do you experience any pain with intercourse?  Yes  No

Do you regularly use lubricant with intercourse?  Yes  No If yes, what type? \_\_\_\_\_

Have you ever had any sexually transmitted infections? (check all that apply)

- |  |                                      |                                 |                                   |
|--|--------------------------------------|---------------------------------|-----------------------------------|
| <input type="checkbox"/> Chlamydia     | <input type="checkbox"/> Gonorrhea   | <input type="checkbox"/> Herpes | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Genital Warts | <input type="checkbox"/> Trichomonas | <input type="checkbox"/> HIV    | <input type="checkbox"/> HPV      |
| <input type="checkbox"/> Hepatitis     | <input type="checkbox"/> Other _____ |                                 |                                   |

Have you ever had pelvic inflammatory disease?  Yes  No If yes, when? \_\_\_\_\_

Were you hospitalized?  Yes  No

Has anyone close to you, ever threatened to, or physically hurt you?  Yes  No

Has anyone, including your partner, ever forced you to have sex?  Yes  No

Do you fear harm from anyone at home, or school, or anywhere else?  Yes  No

***General Medical History – Female Patient***

What is your current weight? \_\_\_\_\_ Height? \_\_\_\_\_ Usual weight? \_\_\_\_\_

Have you had recent weight loss or gain in the past 6 months?  Yes  No

Are you currently being treated or being seen for any medical condition(s)?  Yes  No

If yes, describe: \_\_\_\_\_

**Review of systems:** Check any of the following that you are presently having or have had in the past:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Eye problems                  | <input type="checkbox"/> Gall bladder problems            | <input type="checkbox"/> Excessive thirst            |
| <input type="checkbox"/> Stuffy nose or hay fever      | <input type="checkbox"/> Liver disease                    | <input type="checkbox"/> Temperature intolerance     |
| <input type="checkbox"/> Frequent nose bleeds          | <input type="checkbox"/> Frequent urination at night      | <input type="checkbox"/> Headaches                   |
| <input type="checkbox"/> Fast or irregular heartbeat   | <input type="checkbox"/> Vaginal discharge, itching, pain | <input type="checkbox"/> Shaking or tremor           |
| <input type="checkbox"/> Heart murmur                  | <input type="checkbox"/> Pelvic pain                      | <input type="checkbox"/> Anxiety                     |
| <input type="checkbox"/> Mitral valve prolapse         | <input type="checkbox"/> Sexual problems                  | <input type="checkbox"/> Depression                  |
| <input type="checkbox"/> Dizziness or fainting         | <input type="checkbox"/> Endometriosis                    | <input type="checkbox"/> Bulimia or anorexia         |
| <input type="checkbox"/> Shortness of breath           | <input type="checkbox"/> Ovarian tumor                    | <input type="checkbox"/> Anemia                      |
| <input type="checkbox"/> Lung disease                  | <input type="checkbox"/> Dark skin on neck or armpits     | <input type="checkbox"/> Easy bleeding or bruising   |
| <input type="checkbox"/> Asthma                        | <input type="checkbox"/> Acne or pimples                  | <input type="checkbox"/> Poor circulation            |
| <input type="checkbox"/> Tuberculosis                  | <input type="checkbox"/> Enlarged or painful breast       | <input type="checkbox"/> Blood transfusion           |
| <input type="checkbox"/> Heartburn or indigestion      | <input type="checkbox"/> Discharge from nipples           | <input type="checkbox"/> Fatigue                     |
| <input type="checkbox"/> Gas, cramps or pain           | <input type="checkbox"/> Breast lumps                     | <input type="checkbox"/> Low energy                  |
| <input type="checkbox"/> Blood in stool or black stool | <input type="checkbox"/> Breast disease                   | <input type="checkbox"/> Past history of IV drug use |
| <input type="checkbox"/> Nausea or vomiting            | <input type="checkbox"/> Hot flashes                      | <input type="checkbox"/> Rubella (German measles)    |

Constipation	<input type="checkbox"/>	Excessive face or body hair	<input type="checkbox"/>	Other	<input type="checkbox"/>
Diarrhea	<input type="checkbox"/>	Hair thinning or loss	<input type="checkbox"/>		<input type="checkbox"/>
Hernia	<input type="checkbox"/>	Fever, sweats or chills	<input type="checkbox"/>		<input type="checkbox"/>

Explain any positive responses: \_\_\_\_\_

**Surgical History:** List any major illnesses, surgeries or hospitalizations in the table below. Include elective termination (abortion), ectopic pregnancy, tubal surgery or any other surgeries:

Date (month / year)	Procedure	Reason

**Current Medications:** List all medications (including vitamins, herbs and over the counter medications) or treatments you are currently taking:

Medication	Dosage	Frequency	Reason

**Allergies:** List all drug, environmental and food allergies:

Allergy	Reaction

### Social History – Female Patient

Current occupation: \_\_\_\_\_

Have you or do you partake in any of the following?

	Never	Not in the last 3 months	Yes	List type, amount and frequency (how often / per day or week)
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Social Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**Family and Genetic Health History – Female Patient**

Are there any known genetic diseases or conditions that run in your family?  Yes  No

If yes, describe: \_\_\_\_\_

Are you adopted?  Yes  No

Are you of any of the following ethnic backgrounds? (check all that apply)

- Ashkenazi Jewish     
 Mediterranean     
 Middle Eastern     
 Asian  
 African     
 Hispanic or Caribbean     
 French Canadian of Cajun     
 Caucasian

Have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
α (alpha) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
β (beta) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Sickle Cell Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Tay Sach’s Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Cystic Fibrosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Spinal Muscular Atrophy	<input type="checkbox"/> Yes <input type="checkbox"/> No	

If you are of Eastern European Jewish (Ashkenazi) ancestry, have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
Canavan Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Familial Dysautonomia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Fanconi Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Neimann-Pick Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Mucopolipidosis Type IV	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bloom Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gaucher Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Indicate which of the following conditions may be found in your family:

Medical Condition	Self	Parents		Siblings		Maternal Grandparents		Paternal Grandparents		Your children	Other relatives
		M	F	S	B	GM	GF	GM	GF		
Autoimmune disorder, such as lupus or rheumatoid arthritis											
Birth defects requiring surgery (cleft lip, etc.)											
Bleeding disorders (hemophilia, etc.)											
Blindness											
Bone Disorder											
Cancer before age 50 (Specify)											



Pregnancy #	Pregnancy ended (mo. / yr.)	Pregnancy length (weeks, months)	Outcome	Father (check one)	
				Present partner	Previous partner

Have you ever been unable to conceive with anyone other than your current partner?  Yes  No

Have you ever consulted a urologist or male infertility specialist?  Yes  No If yes, when? \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Reason: \_\_\_\_\_

Findings / Recommendations: \_\_\_\_\_

**Previous Fertility Evaluation:** List any previous testing or procedures you have had done. \_\_\_\_\_

### **General Medical History – Partner**

**Surgical History:** List any major illnesses, surgeries or hospitalizations in the table below. Include vasectomy, vasectomy reversal, varicocele repair, or any other surgeries:

Date (month / year)	Procedure	Reason

**Current Medications:** List all medications (including vitamins, herbs and over the counter medications) or treatments you are currently taking:

Medication	Dosage	Frequency	Reason

### **Social History – Partner**

Current occupation: \_\_\_\_\_

Have you or do you partake in any of the following?

	Never	Not in the last 3 months	Yes	List type, amount and frequency (how often / per day or week)
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Social Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Have you ever had a serious exposure to radiation or toxins (e.g. pesticides, toxic chemicals, poisons, herbicides, plastics, organic chemicals, lead, cadmium, industrial by-products, etc.)?  Yes  No

### Family and Genetic Health History – Partner

Are there any known genetic diseases or conditions that run in your family?  Yes  No

If yes, describe: \_\_\_\_\_

Do any of your blood relatives (siblings, children, aunts, uncles, etc.) have a birth defect (e.g. mental retardation, spina bifida, heart abnormalities, etc.)?  Yes  No

If yes, describe: \_\_\_\_\_

\_\_\_\_\_

Are you adopted?  Yes  No

Are you of any of the following ethnic backgrounds? (check all that apply)

- Ashkenazi Jewish       Mediterranean       Middle Eastern       Asian  
 African       Hispanic or Caribbean       French Canadian of Cajun       Caucasian

Have you had a blood test to see if you were a genetic carrier for:

Condition	Tested?	Result
$\alpha$ (alpha) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
$\beta$ (beta) thalassemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Sickle Cell Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Tay Sach's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Cystic Fibrosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	
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Fanconi Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Neimann-Pick Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Mucopolipidosis Type IV	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Bloom Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gaucher Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	